

## RESOURCE NUMBERS

NAME	NUMBERS	WEBSITE
ABC Behavioral Health	214-275-8500 X 107	<a href="http://www.abchb.com">www.abchb.com</a>
24 Hour Emergency Line	469-644-3924	
Achievement Through the Arts (ATTA)	214-871-2420	
Adapt Mobile Crisis Van and Hotline	866-260-8000	
Adapt of Texas	888-905-0575	<a href="http://www.adaptoftexas.org">www.adaptoftexas.org</a>
Mental Health of America of Greater Dallas	214-871-2420	<a href="http://www.mhadallas.org">www.mhadallas.org</a>
Bipolar and Co-Occurring Disorders Research Clinic (UT Southwestern)	214-648-5555	
Brighter Tomorrows	972-262-8383	<a href="http://www.brightertomorrows.net">www.brightertomorrows.net</a>
Catholic Charities of Dallas	214-520-6590	<a href="http://www.catholiccharitiesdallas.org">www.catholiccharitiesdallas.org</a>
Children's Medical Center	214-456-2300	<a href="http://www.childrens.com">www.childrens.com</a>
CONTACT- telephone counseling	972-233-2233	<a href="http://www.contactdallas.org">www.contactdallas.org</a>
CONTACT- teen contact	972- 233- TEEN	<a href="http://www.teencontact.org">www.teencontact.org</a>
CONTACT- Espanol Helpline	972-233-2428	
Crisis Intervention Mental Health Liaison Senior Corporal Herb Center	214-681-1795	
DBSA Dallas	817-654-7100	
DBSA Dallas website		<a href="http://www.dbsa-dallas.net">www.dbsa-dallas.net</a>
Dallas Metrocare Services	877-283-2121	<a href="http://www.metrocareservices.org">www.metrocareservices.org</a>
Depression Support Group- Mental Health	214-871-2420	
Empowering Artists with Mental Illness	214-871-2420 X 118 (Ricardo)	
Genesis Women's Shelter	214-946-4357	<a href="http://www.genesisshelter.org">www.genesisshelter.org</a>
Green Oaks Hospital	972-991-9504	<a href="http://www.greenoaksnetwork.com">www.greenoaksnetwork.com</a>
Grant Halliburton Foundation	214-347-4900	<a href="http://www.GrantHalliburton.org">www.GrantHalliburton.org</a>
Homeward Bound Residential Center	214-941-3500	<a href="http://www.homeward-bound.org">www.homeward-bound.org</a>
I AM H.E.R.E (Teen/Young Adult)	214-828-1000	<a href="http://www.sccenter.org">www.sccenter.org</a>
Lew Sterrett Mental Health Liaison	214-761-1331	<a href="http://www.dbsa-dallas.net">www.dbsa-dallas.net</a>
LifeNet Behavioral Healthcare	214-221-5433	<a href="http://www.lifenettexas.org">www.lifenettexas.org</a>
Methodist Richardson Medical Center	972-498-8500	<a href="http://www.richardsonregional.com">www.richardsonregional.com</a>
NAMI/Dallas (National Alliance on Mental Illness)	214-341-7133	<a href="http://www.nami.org">www.nami.org</a>
NAMI/Texas State office	800-633-3760	<a href="http://www.nami.org">www.nami.org</a>
National DBSA	800-826-3632	<a href="http://www.dbsa.net">www.dbsa.net</a>
National Mental Health America	800-969-6642	<a href="http://www.nmha.org">www.nmha.org</a>
National Suicide Prevention LifeLine	800-273-8255	<a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a>
New Beginnings	972-276-0057	<a href="http://www.newbeginningcenter.org">www.newbeginningcenter.org</a>
NorthPointe Family Center of Carrollton	972-394-4357	<a href="http://www.npfamilycenter.com">www.npfamilycenter.com</a>
Parkland Psychiatric Emergency	214-590-8761	
Planned Living Assistance Network (PLAN) Recovery, Inc.	972-690-7526 214-904-0296	<a href="http://www.planctx.org">www.planctx.org</a>
Salesmanship Club/Family Works	214-915-4700	<a href="http://www.salesmanship.org">www.salesmanship.org</a>
Suicide and Crisis Center Crisis Hotline	214-828-1000	<a href="http://www.sccenter.org">www.sccenter.org</a>
The Family Place Counseling 24-Hour Hotline (Family Place)	214-941-1991	<a href="http://www.familyplace.org">www.familyplace.org</a>
The Mental Illness Court (MI warrants)	214-653-7485	

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The Minirth Clinic P.A.		<a href="http://www.minirthclinic.com">www.minirthclinic.com</a>
Timberlawn Mental Health Systems	800-426-4944	<a href="http://www.timberlawn.com">www.timberlawn.com</a>
University Behavioral Health- Denton	888-320-8101	<a href="http://www.ubhdenton.net">www.ubhdenton.net</a>
UT Southwestern University Hospital, Zale Lipshy Mental Health Admission	214-630-7285	<a href="http://www.utsouthwestern.com">www.utsouthwestern.com</a>
VA Medical Center	214-742-8387	<a href="http://www.va.gov">www.va.gov</a>